

Si te Dezinfektoni Duart?

⌚ Kohezgjatja e procedures: 20-30 sekonda

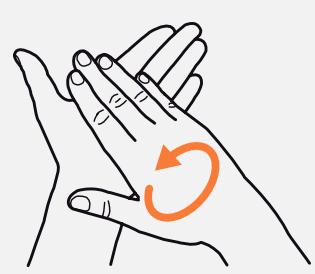
1a



1b



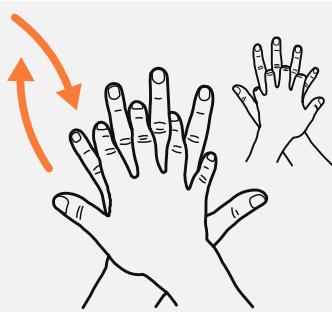
2



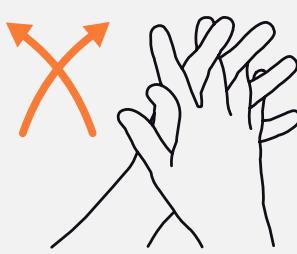
Hidhni pak nga produkti nje dore gjysem te mbyllur

Ferkoni pellembet me njera-tjetren

3



4



5



Ferkoni pellemben e njerës dore me kurrizin e tjetres

Ferkoni pellembet me njera-tjetren duke kryqezuar gishtat

Ferkoni thonje e njerës dore me pellemben e dores tjeter

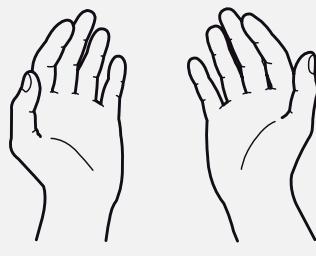
6



7



8



Ferkoni gishtin e madh te njerës dore me doren tjeter duke e rrotulluar

Ferkoni majat e gishtave te njerës dore tek pellemba e tjetres, ne menyre rrotulluese

Pasi te jene thare duart tuaja janë te dezinfektuar